

Exercise #4

Identify How Matching Speed, Rhythm and Space Can Affect People

In this small group exercise you will practice matching and responding to the behavior of others.

Instructions:

1. Form groups of three or four people.
 2. You will be assigned **one** of the following roles:
 - Actor A – the library user.
 - Actor B – the library employee who communicates well.
 - Observer C – the observer,
 - Observer D – the second observer, if you have a fourth in your group.
 3. Play out the scene as outlined on your instruction sheet.
 4. Keep going until the instructor calls time and has you switch roles.
 5. When the instructor calls time, switch roles again.
 6. When the practice is over, finish writing your responses to each question below.
 7. Discuss within your small group what happened during the practice using the questions on this sheet
- A. What were the typical ways that the library employee, played by Actor B, **matched** the behavior of the library user, played by Actor A?
- B. Did you notice any time where the library user, played by Actor A, **followed** the behavior of the library employee, played by Actor B.
- C. Which methods of matching behavior seemed to be the **smoothest** and most natural?