

## Exercise #3 Work Life Balance

1. How important is work for you?

- What influences shaped your thoughts on this?
- Do others in your generation share your outlook?



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2. Form four generational teams – brainstorm from the point of view of your team

- Record on flipchart
- Report back to large group

Traditionalists?

- Attitudes toward life balance
- Needs

Boomers?

- Attitudes toward life balance
- Needs

Gen Xers?

- Attitudes toward life balance
- Needs

Millennials?

- Attitudes toward life balance
- Needs