

## Exercise #3 Sewing Single Sections

- The choice of thread depends on the thickness of both the section and the paper.
- Two thicknesses commonly used are 16/4 and 18/3.
- The length of the thread should be approximately three times the height of the page.
- To tighten always pull the thread in the direction of the sewing.

**This repair is most often used for:** a single section that needs sewing or re-sewing.

### Materials and Tools:

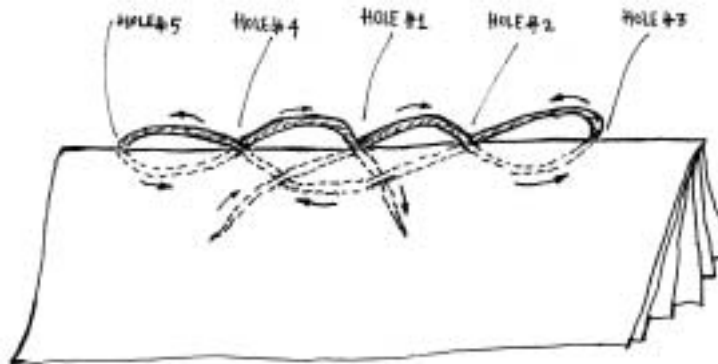
sewing needle  
pamphlet binder  
linen thread

### Procedure:

1. Thread the needle, then pierce the needle through the thread and pull the thread back tight to the eye, so that the needle cannot come off.
2. Start the sewing from the middle of the section at Hole #1 and then proceed to the outside of the section, leaving enough on the inside to tie a knot later.



### Five Hole Section



3. Proceed to Hole #2, and sew into the centerfold of the section, proceed to the outside to Hole #3 then go back into Hole #2 on the centerfold of the section. Be careful not to catch up the existing thread in Hole #2.
4. Take thread all the way on the centerfold, up to Hole #4. Follow the pattern of the sewing going through holes #4 and #5, ending up on the centerfold of the section at Hole #1.
5. Tie the two ends around the length of thread between Hole #2 and #4 with a square knot.