

Five Easy Steps for Sharing Books with Your Baby



1. Pick the best time

Choose a time when you and your baby are in a good mood and ready to enjoy each other.

2. Show baby the book

Point to the pictures, and talk naturally and cheerfully.

3. Talk and have fun

Remember to cuddle and love your baby the whole time.



4. Watch what baby does

Let your baby play with the book if he wants. Feel free to stop if your baby isn't having fun.

5. Share a book with your baby every day

Even a few minutes a day helps your child get ready to read.