

## Communication Bibliography

Here is a short list of books and websites about human behavior.

Brooks, Michael. *Instant rapport*. NY: Warner Books, 1990, 1989. (0-446-39133-6, \$13.95 pbk.) A quickie pop book about some fundamentals of cognitive psychology, for when you need the fast read.

Linden, Anne. *Mindworks: unlock the promise within: NLP tools for building a better life*. NY: Berkley Books, 1998, 1997. (0-425-16624-4, OP) An elegant discourse on a popular version of cognitive psychology.

Pryor, Karen. *Don't shoot the dog: the new art of teaching and training*. (Rev. ed.) NY: Bantam, 1999, 1984. (0-553-38039-7, \$14.95 pbk.) The best book we know on understanding and practicing positive reinforcement.

Seligman, Martin E.P. *Learned optimism: how to change your mind and your life*. Riverside, NJ: Pocket Books, 2002, 1991. (0-671-01911-2, \$14.00 pbk.) All of Seligman's books explain the differences between negative and positive thinking.

### Websites:

Exploring NonVerbal Communication

<http://nonverbal.ucsc.edu/>

Exploring nonverbal communication. This website gives you a chance to learn more about nonverbal communication. You can even test your own ability to "read" samples of real nonverbal communication.

LibrarySupportStaff.com

<http://www.librarysupportstaff.com/stafftrain.html>

Resources for on-the-job in libraries.