

Bookmarks for Prescription for Success: Consumer Health Information on the Web 2005-2006

Workshop Websites

National Library of Medicine Sites

The [National Library of Medicine](http://www.nlm.nih.gov) (<http://www.nlm.nih.gov>) provides a great deal of information for health consumers. A sampling includes: [MedlinePlus](http://medlineplus.gov/) (<http://medlineplus.gov/>), and [MedlinePlus en Español](http://medlineplus.gov/spanish/) (<http://medlineplus.gov/spanish/>), one of the best consumer health sites there is. MedlinePlus brings together authoritative information from the National Library of Medicine, the National Institutes of Health, and other governmental agencies and health-related organizations. It has extensive information about drugs, an illustrated medical encyclopedia, interactive patient tutorials, and the latest health news. You can also link to a [MedlinePlus Tour](http://www.nlm.nih.gov/medlineplus/tour/tour.html), <http://www.nlm.nih.gov/medlineplus/tour/tour.html>. Others: [Consumer Health Library Directory](http://nmlm.gov/hip/chdir/) (<http://nmlm.gov/hip/chdir/>); [Easy-to-Read Health and Medical Sites](http://www.nlm.nih.gov/medlineplus/easytoread/all_easytoread.html) (http://www.nlm.nih.gov/medlineplus/easytoread/all_easytoread.html); [NLM Guide to Finding Health Information](http://www.nlm.nih.gov/services/guide.html) (<http://www.nlm.nih.gov/services/guide.html>); [National Library of Medicine Health Information](http://www.nlm.nih.gov/hinfo.html) (<http://www.nlm.nih.gov/hinfo.html>); [DIRLINE](http://dirline.nlm.nih.gov/) (<http://dirline.nlm.nih.gov/>); [Genetics Home Reference](http://ghr.nlm.nih.gov/) (<http://ghr.nlm.nih.gov/>); [Evaluating Health Information: A Tutorial](http://www.nlm.nih.gov/medlineplus/webeval/webeval.html) (<http://www.nlm.nih.gov/medlineplus/webeval/webeval.html>); [PubMed](http://pubmed.gov/) (<http://pubmed.gov/>); and [PubMed Central](http://www.pubmedcentral.nih.gov/) (<http://www.pubmedcentral.nih.gov/>), an online repository of biomedical information, and a subset of PubMed.

American Cancer Society

<http://www.cancer.org/>

American Indian Health

<http://americanindianhealth.nlm.nih.gov/>

California Healthy Families

<http://healthyfamilies.ca.gov/>

California HealthCare Foundation

<http://www.chcf.org/>

ClinicalTrials.gov

<http://clinicaltrials.gov/>

DrugDigest

<http://www.drugdigest.org/>

Household Products Database

<http://householdproducts.nlm.nih.gov/>

Lab Tests Online

<http://labtestsonline.org/>

[National Cancer Institute](http://www.cancer.gov/)

<http://www.cancer.gov/>

[National Center for Complementary & Alternative Medicine](http://nccam.nih.gov/)

<http://nccam.nih.gov/>

[National Network of Libraries of Medicine, PSR, Regional Information for California](http://nnlm.gov/psr/about/region/california.html)

<http://nnlm.gov/psr/about/region/california.html>

[NN/LM Resources for Multi-Lingual Health Information](http://nnlm.gov/train/chi/multi.html)

<http://nnlm.gov/train/chi/multi.html>

[NIHSeniorHealth](http://nihseniorhealth.gov/)

<http://nihseniorhealth.gov/>

[ToxTown](http://toxtown.nlm.nih.gov/)

<http://toxtown.nlm.nih.gov/>

[University of Pennsylvania's Oncolink](http://www.oncolink.org/)

<http://www.oncolink.org/>

Supplementary Websites

Federal Government

[Agency for Healthcare Research and Quality](http://www.ahrq.gov/consumer/)

<http://www.ahrq.gov/consumer/>

Includes extensive information, such as consumer versions of clinical practice guidelines, information on diseases and [Be an Active Health Care Consumer](http://www.ahrq.gov/path/beactive.htm) (<http://www.ahrq.gov/path/beactive.htm>) with information on getting safer, higher quality care), and [20 Tips to Help Prevent Medical Errors](http://www.ahrq.gov/consumer/20tips.htm) (<http://www.ahrq.gov/consumer/20tips.htm>).

[Centers for Disease Control & Prevention \(CDC\)](http://www.cdc.gov/)

<http://www.cdc.gov/>

From CDC, Department of Health & Human Services. Also includes a page on [Travelers' Health](http://www.cdc.gov/travel/) (<http://www.cdc.gov/travel/>).

[Choosing & Using a Health Plan](http://www.ahrq.gov/consumer/hlthpln1.htm)

<http://www.ahrq.gov/consumer/hlthpln1.htm>

[Healthfinder](http://www.healthfinder.gov/)

<http://www.healthfinder.gov/>

Healthfinder is a resource for finding the best government and nonprofit health and human services information on the Internet. It also links to over 1,700 health-related organizations. Includes [Healthfinder Just for You](http://healthfinder.gov/justforyou/) (<http://healthfinder.gov/justforyou/>) with sections in Spanish and for individual ethnic and age groups.

[Just the Facts - FDA Information Sheets](#)

<http://www.fda.gov/opacom/factsheets/justthefacts/default.htm>

Information sheets on drugs, foods, medical devices and more. Also includes a section containing easy-to-read information in English and Spanish.

[My HealtheVet](#)

<http://www.myhealthvet.va.gov/>

VA's health portal developed for veterans and their families to provide them with information and tools in support of veteran health.

[National Institutes of Health, Health Information](#)

<http://health.nih.gov/>

Links to various NIH sites, providing information for a variety of health conditions.

[Pacific Southwest Regional Medical Library Consumer Health Information Services](#)

<http://nmlm.gov/psr/consumer/>

Includes both information for consumers and links for librarians providing health information to the general public.

California Resources

[California Cancer Detection Section](#)

<http://www.dhs.cahwnet.gov/cancerdetection/>

California provides free cancer screening and/or treatment for some types of cancer.

Information and resources are available from this site for breast, cervical, and prostate cancer screening and treatment for low income people.

[California Department of Health Services](#)

<http://www.dhs.cahwnet.gov/home/hsites/>

Includes links to California city and county health organizations, phone numbers for local health departments, and links to minority health sites.

[California, Health & Vital Statistics](#)

<http://countingcalifornia.cdlib.org/subj/s13.html>

California statistical health data is available: births and deaths; hospitals & hospital beds; physicians; information on California Rehabilitation Center programs & California State Hospital; county mental health programs; number of nursing homes, beds & residents.

[Division of Workers Compensation](#)

http://www.dir.ca.gov/DWC/dwc_home_page.htm

[Guide to California Medicare](#)

<http://www.calmedicare.org/>

[Healthy Families](#)

<http://www.healthyfamilies.ca.gov/hf/hfhome.jsp>

HealthyFamilies is low cost insurance for children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for free Medi-Cal.

This site includes a link for downloading an application.

[HealthScope](#)

<http://www.healthscope.org/>

A public information source to help select California health plans, hospitals, doctors and medical groups.

Alternative & Complementary Medicine

[Bandolier](#)

<http://www.jr2.ox.ac.uk/bandolier/booth/booths/altmed.html>

Evidence-based information on complementary and alternative therapies.

[Sloan-Kettering About Herbs, Botanicals and Other Products](#)

<http://www.mskcc.org/aboutherbs/>

This site provides information for healthcare professionals, but a consumer version of each monograph is also available to help deal with confusing claims made for over-the-counter products and regimens. Site is continually updated as new information becomes available.

Physician Information

[AMA Physician Select](#)

<http://dbapps.ama-assn.org/aps/amahg.htm>

Provides basic professional information on virtually every licensed physician in the U.S. and its possessions, including doctors of medicine and doctors of osteopathic medicine.

[American Board of Medical Specialties](#)

<http://abms.org/>

With free registration this site provides a searchable database to determine whether a physician is board certified.

Drug Resources

[Consumer Reports Best Buy Drugs](#)

<http://www.crbestbuydrugs.org/>

[Partnership for Prescription Assistance](#)

<https://www.pparx.org/>

A partnership among doctors, health care providers, patient advocacy organizations, community groups & pharmaceutical companies to help qualifying patients who lack prescription coverage to find discounted or free drug programs through public or private programs.

General Health Resources

[familydoctor.org](#)

<http://familydoctor.org/>

From the American Academy of Family Physicians, contains health conditions A-Z in English and Spanish. There is additional information for specific groups.

[Health on the Net](http://www.hon.ch/)

<http://www.hon.ch/>

A gateway site that includes a search tool, in-depth reports, news, and an image search.

[NOAH: New York Online Access to Health](http://www.noah-health.org/)

<http://www.noah-health.org/>

NOAH provides access to consumer health information in English and Spanish. Links are selected and organized by librarians and health professionals.

[Websites You Can Trust](http://www.caphis.mlanet.org/consumer/)

<http://www.caphis.mlanet.org/consumer/>

The top 100 sites of the Consumer & Patient Health Information Section of the Medical Library Association.

Minority and Multilingual Health [sites not included in the NN/LM multilingual web page]

[Asian American Health](http://asianamericanhealth.nlm.nih.gov/)

<http://asianamericanhealth.nlm.nih.gov/>

A portal site, created by the National Library of Medicine, related to health of Asian Americans. Includes census information, links to several publications, and more.

[Black Women's Health Imperative](http://www.blackwomenshealth.org/)

<http://www.blackwomenshealth.org/>

An African-American institution devoted to education, research, advocacy and leadership development, this project promotes empowerment of African-American women as educated health care consumers.

[Indian Health Service](http://www.ihs.gov/)

<http://www.ihs.gov/>

[Multilingual Health Education Network](http://www.multilingual-health-education.net)

<http://www.multilingual-health-education.net>

[National Center for Farmworker Health](http://www.ncfh.org/)

<http://www.ncfh.org/>

Seniors, Kids, Men, Women

[Health Compass](http://www.healthcompass.org/)

<http://www.healthcompass.org/>

Provides guidance on how to find information on health & aging, how to evaluate it, and how to use information to make informed decisions about health.

Center for Disease Control & Prevention [Women's](#) and [Men's](#) Health Resources

<http://www.cdc.gov/health/womensmenu.htm>

http://www.cdc.gov/health/mens_health.htm

Articles, recommendations, bibliographic resources on a variety of men's and women's health topics. Information also available in Spanish.

[National Women's Health Information Center](#)

<http://www.4woman.gov/>

Contains browsable database and several special sections on topic areas such as heart disease, disabilities, body image, HIV/AIDS and pregnancy. Also in Chinese & Spanish.

[Go Ask Alice](#)

<http://www.goaskalice.columbia.edu>

Alice! Answers questions about relationships; sexuality; sexual health; emotional health; fitness; nutrition; alcohol, nicotine, and other drugs; and general health. Its target group is teens and college-aged young adults, but information for other age groups is commonly provided.

[KidsHealth](#)

<http://www.kidshealth.org/>

Separate sections for kids, teens & parents. Aim is to provide families with accurate, up-to-date, and jargon-free health information.

Sensitive Topics

[AIDSinfo](#)

<http://aidsinfo.nih.gov/>

[Alcohol/Alcoholism](#)

<http://www.niaaa.nih.gov/Publications/PamphletsBrochuresPosters/>

Easy-to-read information in English & Spanish from the National Institute on Alcohol Abuse & Alcoholism. Referral information.

[CDC Sexually Transmitted Diseases Information](#)

http://www.cdc.gov/nchstp/dstd/disease_info.htm

[National Institute of Mental Health](#)

<http://www.nimh.nih.gov/publicat/index.cfm>

Other Resources

[Consumer's Toolkit for Health Care Advance Planning](#)

<http://www.abanet.org/aging/toolkit/>

Provided by the American Bar Association, this site provides guidelines for health care advance planning in line with individual wishes and values, and for communication with decision-makers.

[Deciphering Medspeak](#)

<http://www.mlanet.org/resources/medspeak/index.html>

This brochure, developed by the Medical Library Association, helps to translate common "medspeak" terms. It also includes some tips on how to identify quality health care information on the Internet.

[Guidelines for Providing Medical Information to Consumers](#)

<http://library.uchc.edu/departm/hnet/guidelines.html>

[Information Rx](#)

<http://informationrx.org/>

Free MedlinePlus promotional materials for your library.

[Medical Library Association Resources for Health Consumers](#)

http://www.mlanet.org/resources/consumr_index.html

A gateway site with a directory that can be searched by state, subjects or keywords

[Merck Manual – 2nd Home ed.](#)

http://www.merck.com/mrkshared/mmanual_home2/home.jsp

A consumer guide covering all the subjects found in a textbook of medicine as well as detailed information on children's/women's/men's health, mental health, accidents and injuries, travel information, decision-making, and more. Also published in [Spanish](#) at

http://www.msd.es/publicaciones/mmerck_hogar/; and [Merck Manual of Health & Aging](#),

http://www.merck.com/pubs/mmanual_ha/contents.html.

[Physical Activity & Weight Control](#)

<http://win.niddk.nih.gov/publications/physical.htm>

A national service of the National Institute of Diabetes and Digestive and Kidney Diseases of the National Institutes of Health, WIN provides science-based health information on weight control, obesity, physical activity, and related nutritional issues.

[See No Evil: How Internet Filters Affect the Search for Online Health Information](#)

<http://www.kff.org/entmedia/20021210a-index.cfm>