

# Recipes

## Prerequisites

Comfortable using the mouse  
Knowledge of the Internet helpful  
E-mail address is helpful

## Number of Students

Maximum 10

## Level of Expertise

Internet knowledge and using the Mouse

## Training Objective

To locate resources on the Internet on cooking and baking – especially recipes

## Length

90 minutes

## Lesson Content

Visit and explore the following websites

<http://lii.org>

<http://epicurious.com>

<http://foodtv.com> *requires flash*

<http://www.copykat.com>

<http://www.ichef.com>

<http://bettycrocker.com/default.asp>

<http://familyfun.go.com> – *requires flash*

Learn to print and save recipes

## Preparation Resources

Class Roster

Pencils

Paper

*Check website – as web addresses do change*

## Handouts

Daily Website Specials

## Introduction

Write outline on dry erase board – *See Instructor Information*  
Write on dry erase board upcoming computer classes

1. Introduce yourself
2. Note any upcoming computer classes
3. Go over the content of the class

During this 90 minute class we will be visiting several recommended websites on food. The handout I have given you has a list of all the websites we will be visiting plus a list of other website that you might find interesting. The format that I would like to follow is to show you the website and highlight some of the special features. Then I would like to give you about 5 minutes to explore the site on your own.

4. Ask if there are any questions

### Note

It helps with communication if the questions are written down on the white board for all to see. This will remind yourself of the question and is a way to say, “Yes, I heard your question.” Note that all questions do not need to be answered right away as they may be dealt with later during the session, in another class or one on one.

## Exercises

There is a lot of information on food, cooking, baking and recipes found in books, magazines, and television and on the Internet. In preparing for this class one of the main search engine used was Librarians’ Internet Index found at <http://lii.org>. This search engine is limited to only recommended sites. People who are experts in their field select and maintain this search engine.

*Note: although search using the words “baking” or “recipes” or “cooking” yields results the subject term used is “cookery”*

### Epicurious

<http://epicurious.com>

Promoted as the world’s greatest recipe collection this site is found at <http://epicurious.com> Use the space bar at the top of the page to explore this site. Note that the once you click on the topic other subjects heading appear.

- **Recipes** - searchable database of thousands of recipes, demonstration on video clips,
- **Features** – articles and information on chefs and TV schedule
- **Cooking** – under this section find how to cooking tips and reference

- **Drinking** – recipes for over 1,000 cocktails, along with a dictionary, and recommendations on wine, beer and favorite watering holes and even tips for hangovers
- **Restaurants** – restaurant guide including America’s best eats
- **Members** – here you may create a recipe box to put your favorite recipes.
- **Shop** - cookbooks, and more

Give participants about 5 minutes to time to look through the website

### **Foodtv.com**

<http://www.foodtv.com>

*This website requires flash*

This website is created by the Food Network. On the left hand side of the screen lists the features on this page. If you are a fan of Food Network there is biographic information on each of the host as well as information on this week shows and recent shows. But the gem in this website is the over 23,000 recipes.

- Finding a recipe -In the upper right hand corner is a spot for recipe and site search. Enter a food into the space and click on Go!  
Or  
On the left hand side of the screen click “TV Shows & Recipe Schedule” This Will take you to web page that given you more option. Search by recipe, show or recipes air during the last two weeks.

**Cooking 101** – has video clips to teach a cooking or baking skill.

- Encyclopedia of foods and food terms which is searched by keyword or browse
- Fat and calorie calculator – search by keyword and then select closest brand name, then serving size.

Give participants about 5 minutes to time to look through the website

### **CopyKat**

<http://www.copykat.com>

This site gives top-secret recipes that are featured in restaurants. On the left hand side of the webpage is the navigation tool.

Newsletters – back list of short notices and recipes featured in a given week

Message Board – request recipes, and share recipes with others

Direct Links – web links to other websites grouped by category

More CopyKats – search by keyword for recipes

Give participants about 5 minutes to time to look through the website

### **Ichef**

<http://www.ichef.com>

There are thousands of free recipes to browse by category or search by keyword and ingredients. Request recipes in our forums, rate our recipes, create your own

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3

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web site in our Recipe Clubs, or listen to our Radio Kitchen cooking program. Sign up for your free myChef membership so you can create your own online cookbook and subscribe to our weekly newsletter.

The neat thing about this website is the recipes may be searched by

- Category or by ingredient.
- There is rating of the recipe.
- Recipes may be printed to fit a
  - 3x5
  - 4x6
  - Full page

If signing up for recipe file or newsletter. Suggest that you use a separate e-mail for example a free web based e-mail account and not your “friends and family” e-mail

Give participants about 5 minutes to time to look through the website

### **Betty's Recipes**

<http://www.bettycrocker.com/default.asp>

Recipes can be found at this website created by Betty Crocker. After you find your recipes you may

- Print it - prints on 8.5 x 11 inch paper includes picture with recipe
- Add it to a grocery list – create a grocery list to make the recipe and others
- Add it to recipe box – need to sign up to participate in this program. Again suggest that people use a web based e-mail not “family and friends” e-mail.
- E-mail to your self or friend

### **All about**

This area includes

- Cooking tips
- Baking Tips
- Entertain tips
  - Themes for parties
  - Time schedule to follow

### **Charts and Tables**

- General reference charts - Find information on ingredient substitutions, yields and equivalents, metric conversions, and more.
- Cooking charts - Learn how long to roast, grill, broil and fry. Find microwave timetables, various ingredient charts and other useful information.
- Baking Charts - These little charts give you extra guidance for baking specialty muffins, quick breads and cakes.

Give participants about 5 minutes to time to look through the website

### **Family Fun**

<http://bettycrocker.com/recipes/br.asp>

*Requires Flash*

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4

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An on-line version of the Family Fun magazine. The recipes found here are created with the kids in mind.

- **This week** - Seasonal recipes are featured with links to non-food things such as crafts.
- **Disney Recipes** – recipes from Disney theme parks
- **Cake finders** – direction on how to make terrific cake shapes.

Give participants about 5 minutes to time to look through the website

### **Other**

If time permit visit other websites by going back to “Librarians’ Internet Index” <http://www.lii.org> and doing a search using the term “cookery”

### **Evaluation**

Please have each participant complete an evaluation before they leave.