

Kindergarten Checklist

Basics of Self-Control

Accepting responsibility by doing chores
Sticking to a schedule
Listening to directions
Abiding by the rules
Taming angry feelings
Waiting my turn
Delaying gratification
Saying please and thank you
Following simple safety rules

Things They Need to Know

Name (first and last),
Age, phone number, address
Names and relations of family members
Point to and name their body parts
Point to and name clothing
Name common animals
Name common foods
Name common shapes and colors
Know some words for how they feel
Opposites and comparisons
How to use the bathroom without help
Count to twenty, pick out individual numbers
Say the alphabet, pick out some individual letters
Write their first names

Motor Skills

Walk, run, and jump
Hop on one foot, balance on one foot
Throw and catch a ball
How to hold a pencil or crayon with thumb and fingers
Open a door by turning the doorknob
Turn water faucets on and off
Cut with a scissors
Lace large beads on a shoelace
Do buttons and zippers on their own clothes
Put simple puzzles together

Reading Readiness

Listen when someone reads to me
Know which way to turn the pages
Look at the pictures and pick out details
Know common nursery rhymes
Remember parts of a story read to them
Read signs in the store, etc.
Recognize their name in print
Follow directions with three or more steps
Speak in complete sentences
Ask relevant questions