

Exercise #4
Create a “Reduced-stress” Personal Library Plan
What Are Some “Doable” Solutions to Library Problems?

The more control we have over our environment, the less stress we experience. A library’s staff and public relationships always flourishes with *Teamwork*, *Clarity*, and *Consistency*.

Using the focus points from Exercise 1, talk with your colleagues in small groups, and brainstorm better procedures, policies, and library norms.

What could you do, if you decided to...?

What new actions, policies, and behaviors would produce better outcomes in your library? Focus on things that *you* and your co-workers can actually do *and* how you would do them. Do a minimum (some is OK) of *fantasizing*, “*if only-ing*,” and “*doom and glooming*.” Remember, if you want different (better) things to happen in our life, we need to do things differently (better)."

Be careful to separate myth and erroneous stereotypes from accurate analysis and observation. We will work in groups. Focus on one area per group.

1. The Organization

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2. Time Stressors

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3. Patrons

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4. Staff and Personnel

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