

CalTAP

CALIFORNIA TRANSITION ASSISTANCE PROGRAM

SERVICE/SEPARATION

- Leaving home/family/community
- MOMENT THAT MATTERS**
The promise of VA benefits and services during recruitment is often the first time servicemembers are "introduced" to VA and factors into decision making around their future.
- Understanding the path ahead
- Preparing for military service
- Military Culture

Joining

Serving

- Adapting to military culture
- Managing military and family obligations
- Personal/Mil growth
- Fulfilling military service

- MOMENT THAT MATTERS**
Separation programs pack in a lot of good information but are delivered at a moment when Veterans are not ready or able to absorb the information.
- Understanding the process of separating
- Preparing of files/records
- Engaging Cal-Tap
- Financial Transition Plan

Separating

- MOMENT THAT MATTERS**
Purchasing a home, enrolling in part-time education, and/or maintaining their personal and familial health are often top-of-mind concerns for servicemembers balancing life inside and outside of the military.
- Connecting to VA
- Finding a place to live
- Finding work
- Picking a school
- Acquiring the appropriate new skills and credentials
- Re-establishing and creating relationships
- Balancing finances

Getting Started

Connecting to VA

Finding a place to live

Finding work

Picking a school

Acquiring the appropriate new skills and credentials

Re-establishing and creating relationships

Balancing finances

LIVING POST-MILITARY LIFE

- Finding "civilian self"
- Building professional reputation
- MOMENT THAT MATTERS**
Veterans with mental health needs often have a difficult time accessing providers and feeling safe once in care.
- Recognizing and addressing mental health needs
- Managing chronic health
- Maintaining health

Self Care Career Building

Starting, growing, or maintaining family

Revisiting housing

Maintaining financial, social, and emotional health

Taking care of family

Saving for retirement

Life Sustaining

Retiring

Finding additional sources of income

Taking care of my health

Participating in meaningful activities

Aging

Dying

Deciding how and where to get buried

Scheduling and planning a funeral service

RETIREMENT AND DEALING WITH AGING

- MOMENT THAT MATTERS**
Veterans increasingly seek alternatives to institutional based care and instead wish to stay independent in their homes and communities.
- Managing my declining health
- Coming to terms with changing ability
- Adapting my support network to my new needs
- MOMENT THAT MATTERS**
Sustaining a sense of community and social connection is critical to Veterans' well-being as they age.
- Maintaining social and community connections

- MOMENT THAT MATTERS**
Veterans seek supplemental coverage to fill healthcare insurance changes during retirement. Some Veterans reengage or engage with VA for the first time at this moment.
- Taking care of my health
- Participating in meaningful activities

- MOMENT THAT MATTERS**
Often the first time a Veteran's family interacts the highly-emotional time a Veteran's death.
- Scheduling and planning a funeral service