The Language of Neurodiversity

**Neurodiversity** is the diversity of human minds. This term differs from **neurodivergent (ND)**, an adjective that describes someone whose brain diverges from what is considered “normal” in society. Neurodivergence is often confused as a synonym for autistic. While autistic people are neurodivergent, not all neurodivergent people are autistic. Neurodivergence includes many different intellectual, developmental and neurological conditions. People who are not neurodivergent are referred to as **neurotypical**.

For further reading on the terminology associated with neurodiversity, visit Dr. Nick Walker’s website *NeuroCosmopolitanism* and read the article “Neurodiversity: Some Basic Terms and Definitions.” URL: [https://neurocosmopolitanism.com/neurodiversity-some-basic-terms-definitions/](https://neurocosmopolitanism.com/neurodiversity-some-basic-terms-definitions/)

Additional Resources:

- Autistic Self Advocacy Network (ASAN)
  [Autisticadvocacy.org](https://autisticadvocacy.org)

- Next Chapter Book Club
  [Nextchapterbookclub.org](https://nextchapterbookclub.org)

- Neurodivergent Rebel
  [Neurodivergentrebel.com](https://neurodivergentrebel.com)

- Children and Adults with Attention Deficit Disorder (CHADD)
  [CHADD.org](https://www.chadd.org)

- Different Brains
  [Differentbrains.org](https://differentbrains.org)

**Key Hashtags**

#ActuallyAutistic, #AskingAutistics, #NeurodiverseSquad