Finding Health and Wellness @ the Library:
A Consumer Health Toolkit for Library Staff

Health Toolkit Project

It began with a simple question:

“What could the California State Library do to help local public libraries improve their capacity to provide reliable health information for their users?”

Needs Assessment Survey

Health Promotion @ Your Library

- Large-scale survey deployed in 2007
- Sent to library staff, library users and health professionals
- Combined results provided basis for this project

This material has been created for the Infopeople Project [infopeople.org], supported by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. This material is licensed under a Creative Commons 3.0 Share & Share-Alike license. Use of this material should credit the author and funding source.
Finding Health and Wellness @ the Library:
A Consumer Health Toolkit for Library Staff

Findings and Recommendations
- Knowledge of core health materials
- Quality online health information
- Improve service infrastructure
- Training of library staff
- Create an Internet health portal

Project Proposal
- Collaboration between the California State Library and the National Network of Libraries of Medicine, Pacific Southwest Region
- Project funded by LSTA grant and National Library of Medicine contract

Consumer Health Toolkit
- Professional Development Tool
  - Geared to public library staff
  - Designed to build core competencies
  - Covers all aspects of consumer health services

This project was supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. Additional funding is provided by the National Library of Medicine under a contract (5N01LM06875) with the UCLA Louise M. Darling Biomedical Library.

This material has been created for the Infopeople Project [infopeople.org], supported by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. This material is licensed under a Creative Commons 3.0 Share & Share-Alike license. Use of this material should credit the author and funding source.
Finding Health and Wellness @ the Library:
A Consumer Health Toolkit for Library Staff

Philosophy
- Health and wellness focus
- For all library staff, not just librarians
- Based on learning objectives
- Libraries as healthy places improves health of entire community
- Partnerships with health professionals and community organizations are key

Interactive Format
- Interactive PDF document
  - Living, working document that will grow and improve over time
  - Can be used online, on local computer, or as printed copy
  - Available on California State Library web site
  
  www.library.ca.gov/lds/docs/HealthToolkit.pdf

Development Process
- Advisory committee for design, structure and overall recommendations
  - Public and consumer health librarians
  - Patient Educators
  - Health professionals
- Librarians and subject specialists gathered and recommended content

This material has been created for the Infopeople Project [infopeople.org], supported by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. This material is licensed under a Creative Commons 3.0 Share & Share-Alike license. Use of this material should credit the author and funding source.
Finding Health and Wellness @ the Library: 
A Consumer Health Toolkit for Library Staff

1: Core Competencies
- Eight competencies specific to consumer health services
- A melding of other competencies lists
- Library staff can use list to identify areas of expertise and areas for improvement
- Each competency is supported by resources in the Toolkit

2: Health Resources
- A to Z versus topical organization
- Carefully selected resources with focus on prevention, wellness, coping, and support
- Not meant to duplicate or replace MedlinePlus, but to be used as an adjunct resource
- Not comprehensive, but a representative offering of best resources

3: Consumer Health Information Services
- Community needs assessments
- Providing health reference services
- Understanding health literacy
- Core reference and series recommendations
- Creating partnerships
- Programming and marketing

This material has been created for the Infopeople Project [infopeople.org], supported by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. This material is licensed under a Creative Commons 3.0 Share & Share-Alike license. Use of this material should credit the author and funding source.
Finding Health and Wellness @ the Library: A Consumer Health Toolkit for Library Staff

4: Technology & Health 2.0
- Two types of content in this section
  - New technologies and formats for delivery of health information
  - Social networking for sharing health information and support
- Helps librarians and staff understand and evaluate new mechanisms for health information sharing and delivery

5: Workplace Wellness
- Key philosophy of the project
- Libraries as healthy places serve as models for entire community
- Resources to help libraries, businesses and community organizations implement workplace wellness strategies

6: Resources for Health Professionals
- Intended to bring awareness of the benefits of partnerships between health professionals and libraries
- Resources for understanding health literacy
- Guidelines for improving communication between patients and providers
- Quality health resources that clinicians can trust when recommending to patients

This material has been created for the Infopeople Project [infopeople.org], supported by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. This material is licensed under a Creative Commons 3.0 Share & Share-Alike license. Use of this material should credit the author and funding source.
Finding Health and Wellness @ the Library: A Consumer Health Toolkit for Library Staff

How to Use the Health Toolkit

- Interactive Table of Contents
- Icons
- Hyperlinks
- Acronyms list in Appendix
- Helpful tips

Helpful Tip:
While the PDF file can be accessed on the web, it is more efficient to save the file locally to your computer. Save the PDF file to your desktop or other convenient location.

Key to Icons

- Book
- PDF file, easier to print or send by email
- Video file
- Audio file, podcast
- CD or DVD
- eLearning resource, e.g. online tutorial
- Easy-to-read or understand materials
- In Spanish or contains Spanish language content
- Contains multilingual resources

Future Plans

- Training
  - Infopeople online class in January
  - Inclusion of new classes when available
- Collection of feedback and suggestions
  - healthtoolkit@gmail.com
- Document updates every six months
- Twitter feed to announce new resources
  - @healthtoolkit

This material has been created for the Infopeople Project [infopeople.org], supported by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. This material is licensed under a Creative Commons 3.0 Share & Share-Alike license. Use of this material should credit the author and funding source.
Finding Health and Wellness @ the Library: 
A Consumer Health Toolkit for Library Staff

**Evaluation**
- Initial evaluation to test survey and initial impressions of Toolkit
- Final evaluation planned for early 2011
  - Deployed after libraries have used Toolkit in the field
  - Will request feedback on usability, usefulness of resources and as a professional development tool
- Suggestions for improvement
- Input on other ways California State Library can help

**Request for Volunteers for Initial Evaluation**
- Survey will take about 10 minutes to complete
- If you can help, please type email address into the polling box.
- An invitation will be sent by Suzanne Flint by tomorrow to all volunteers. You will have several weeks to view the Toolkit and take the survey.
- Thanks for considering!

**Questions?**

This material has been created for the Infopeople Project [infopeople.org], supported by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian. This material is licensed under a Creative Commons 3.0 Share & Share-Alike license. Use of this material should credit the author and funding source.