

# Technology and Health 2.0

October 20, 2011

## Consumer Health Toolkit

**Finding Health and Wellness @ the Library: A Consumer Health Toolkit for Library Staff**  
<http://www.library.ca.gov/lds/docs/HealthToolkit.pdf>

## Mobile Apps and Sites

**National Library of Medicine Gallery of Mobile Apps and Sites**  
<http://nlm.nih.gov/mobile>

**MedlinePlus**  
<http://medlineplus.gov>

**MedlinePlus Mobile**  
<http://m.medlineplus.gov>

**AIDSinfo**  
Full site: <http://aidsinfo.gov>  
Mobile site: <http://m.aidsinfo.nih.gov/>

**AIDSinfo HIV/AIDS Glossary App**  
iTunes Preview: <http://itunes.apple.com/us/app/aidsinfo-hiv-aids-glossary/id397417517?mt=8>

**Embryo App**  
iTunes Preview: <http://itunes.apple.com/us/app/embryo/id422337604?mt=8>

**Health Hotlines**  
iTunes Preview: <http://itunes.apple.com/app/health-hotlines/id376404746?mt=8>

**DIRLINE**  
<http://dirline.nlm.nih.gov/>

**Water Emergency Response for Librarians**  
Full site: <http://www.nlm.nih.gov/hmd/preservation/>  
Mobile site: <http://www.nlm.nih.gov/hmd/preservation/mobile/index.html>

**PubMed Mobile**  
<http://www.ncbi.nlm.nih.gov/m/pubmed/>

**PubMed for Handhelds**  
<http://pubmedhh.nlm.nih.gov/>

**REMM (Radiation Emergency Medical Management)**

Full site: <http://www.remm.nlm.gov/>

Mobile site: <http://www.remm.nlm.gov/downloadmremm.htm>

**WISER (Wireless System for Emergency Responders)**

Full site: <http://wiser.nlm.nih.gov/>

Mobile site: [http://wiser.nlm.nih.gov/choose\\_platform.html](http://wiser.nlm.nih.gov/choose_platform.html)

**USA.gov Apps Directory**

<http://apps.usa.gov/>

**Recalls.gov**

<http://www.recalls.gov>

**PTSD Coach**

<http://www.ptsd.va.gov/public/pages/PTSDCoach.asp>

**Text4Baby**

<http://text4baby.org/>

**Social Health Networking Sites**

**PatientsLikeMe**

<http://www.patientslikeme.com/>

**DailyStrength**

<http://www.dailystrength.org/>

**CureTogether**

<http://curetogether.com/>

**Inspire**

<http://www.inspire.com/>

**Social Sites for Sharing Patient Updates**

**CaringBridge**

[www.caringbridge.com](http://www.caringbridge.com)

**Lotsa Helping Hands**

[www.lotsahelpinghands.com](http://www.lotsahelpinghands.com)

**NN/LM Regional Blogs**

<http://nnlm.gov/news/newsletters.html>