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Developmentally Appropriate Programming for Babies & Toddlers  An Infopeople Webinar February 9, 2017 — Presented by Brooke Newberry & Amy Koester	
Hello! I'm Brooke from La Crosse. And I'm Amy from Skokie.	

### **On Our Agenda Today**

- Developmentally Appropriate Programming for 0-23 months
- Great Programming for Babies & Infants
- Developmentally Appropriate Programming for 24-35 months
- Great Programming for Toddlers
- · Great Resources
- · Time for Questions

Developmentally Appropriate Programming for Children 0-23 Months

### **Let's Talk Developmental Milestones**

	Physical/Motor Development	Socioemotional Development	Cognitive Development	Language & Communication
0-11 months				
12-23 months				

# Let's Talk Developmental Milestones | Physical/Motor Development Development

	Physical/Motor Development	Socioemotional Development	Cognitive Development	Language & Communication
0-11 months	- Eyes follow across the midline - Supported sitting to sitting to standing	- Smiles at familiar faces - Enjoys social games (peek-a- boo)		
12-23 months	- Walks - Handedness - Throws & kicks - Pats objects - Ascends stairs in childlike way	- Separation anxiety - Parallel play or engaging as onlooker		

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0-11 months	- Eyes follow across the midline - Supported sitting to sitting to standing	- Smiles at familiar faces - Enjoys social games (peek-a- boo)	- Awareness based on sensation & movement - Puts objects in mouth	
12-23 months	- Walks - Handedness - Throws & kicks - Pats objects - Ascends stairs in childlike way	- Separation anxiety - Parallel play or engaging as onlooker	- Object permanence	

#### **Let's Talk Developmental Milestones** Physical/Moto Development Socioemotional Development - Eyes follow across the midline - Supported sitting to sitting to standing 0-11 months Smiles at familiar - Babbles ~6mo - Responds to repeated stimuli - Awareness based on sensation & faces - Enjoys social movement - Puts objects in games (peek-a-boo) ("How big is baby? So big!") - Walks - Handedness - Throws & kicks - Pats objects - Ascends stairs in childlike way - Object permanence 12-23 months - Uses 10 words

#### Optimal Program Space

- Activity low to the ground
- Items of sensory interest are within view and easy grasp
- Child-sized
   Structures are supposed.
- Structures can support child's weight
- Board books accessible
- Space for solitary play & interaction
- Out-of-bounds areas inaccessible

\*this info is on your handout



#### Optimal Program Format

- Length relatively short (30 minutes max, 10-20 minutes better)
- Opportunities for movement
- Clear & consistent opening rituals, including waving "goodbye"
- Smaller program size for better engagement
- Caregivers present at all times & interacting

\*this info is on your handout



#### **Optimal Program Content**

- Include opportunities for one-on-one book sharing
- Include opportunities for play with developmentally appropriate toys
- Narrate/explain all program activities
   Model modifications for action rhymes & movement songs

\*this info is on your handout



#### **Optimal Program Staffing**

- Have a consistent program leader
- Leader actively encourages caregiver participation
- Leader responds positively to movement, vocalizations from children
- Leader will ideally have training specific to serving this age children

\*this info is on your handout



Great **Programming for** Babies & Infants

### POLL: How long is your typical program for

babies/infants?

### **Optimal Baby/Infant Storytime Format**

- Short books
- · Repeated songs
- · Play opportunities
- · Caregiver engagement
- · Restricted space



### Programming for Babies/Infants Beyond Storytime

- Paint in a bag
- Bubble wrap wall
- Ribbon crawl







# Programming for Babies/Infants Beyond Storytime • Music • Eyebrows • Sensory board

### **Programming for Babies/Infants Beyond Storytime**

- Ball pit
- Scarf pull
- Water play







#### **Optimal Parent/Caregiver Messages**

- Singing slows down langauge. This allows children to build vocabulary and identify that language is made of parts.
- Every time you read the same book, your child is learning new things.
   Repetition is key!
- When your baby babbles, talk back to him! It's his way of communicating with you and you are increasing his conversational skills and vocabulary.
- Narrate your day to your child. This increases her vocabulary and the knowledge of the world around her.

Developmentally
Appropriate
<b>Programming for</b>
Children 24-35
Months

	Physical/Motor Development	Socioemotional Development	Cognitive Development	Language & Communication
24-35 months				

	Physical/Motor	Socioemotional	Cognitive	Language &
	Development	Development	Development	Communication
24-35 months	- Scribbles with crayons - Can aim & throw an object - Can turn doorknobs, screwtops - Walks backward - Can descend stairs in childlike way			

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	Physical/Motor Development	Socioemotional Development	Cognitive Development	Language & Communication
24-35 months	- Scribbles with crayons - Can aim & throw an object - Can turn doorknobs, screwtops - Walks backward - Can descend stairs in childlike way	- Self-centered & selfish - Mimics observed mannerisms - Uses "no" frequently	- Concrete use of objects - Understands & uses some symbols - Uses transition objects (e.g., security blanket)	

	Physical/Motor	Socioemotional	Cognitive	Language &
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#### **Optimal Program Space**

- Includes room for gross motor play
- Child-sized props/furniture
- Objects accessible throughout the program

- Space is organized for discrete activities
   Picture books reflecting diversity are available

\*this info is on your handout



#### **Optimal Program Format**

- Opening ritual sharing names, with children stating their own names
- Encourage participation regardless of ability
- Ensure time for children to complete activities
- Children choose between limited options
- · Children help clean up
- Smaller program size for better engagement

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**POLL:** What activities do you regularly include in your two-year-old programs?

#### **Optimal Program Content**

- Singing, fingerplays, action rhymes taught & repeated
   Activities described aloud with appropriate vocab Process art/crafts
- · Opportunities for pretend
- Follow-the-leader activities

\*this info is on your handout



#### **Optimal Program Staffing**

- Leader confirms vocalizations &/or asks for clarification
- Model & narrate appropriate behaviors
- Engage children in play
- Engage caregivers to get to know children

\*this info is on your handout



Great **Programming for Toddlers** 

### **Optimal Toddler Storytime Format**

- · Short books with action
- · Introducing key concepts
- · Letters, numbers, colors, shapes
- · Consistent songs and rhymes
- Nametags
- · Opportunities for play
- · Lots of talking!



### **Programming for Toddlers Beyond Storytime**

- Drive in movie
- Parachute play





### **Programming for Toddlers Beyond Storytime**

STEAM







### Programming for Toddlers Beyond Storytime

STEAM







### Programming for Toddlers Beyond Storytime

STEAM







#### **Optimal Parent/Caregiver Messages**

- Is your child not enjoying a book? Stop reading it! It's better to have 5 minutes of good reading time, rather than 5 minutes of forcing a child to finish a book.
- A child who can identify shapes has an easier time with letter recognition.
- Freeze songs are a great way to start practicing self control and bodily awareness.
- One way to encourage a love of reading in your child is to let them see you reading.

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- Zero to Three
- Erikson Institute
- American Academy of Pediatrics
- Centers for Disease Control & Prevention

\*this info is on your handout

#### **Professional Resources**

- Association for Library Service to Children
- Colorado Libraries for Early Literacy
- Every Child Ready to Read, 2nd Edition
- National Association for the Education of Young Children
- Supercharged Storytimes
- Your state library

\*this info is on your handou

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What are your questions?	
Thank you!  Brooke Newberry   brooke@lacrosselibrary.org   readingwithred.blogspot.com	