

Exercise #5 (Take-Home)

How Connected Are You?

In this exercise you will conduct a self-assessment to determine how connected you already are in the community.

Instructions: Please work individually.

A. Jot down all of the boards, commissions, committees, task forces, clubs, groups, churches, etc., to which you belong:

- | | |
|----|-----|
| 1. | 7. |
| 2. | 8. |
| 3. | 9. |
| 4. | 10. |
| 5. | 11. |
| 6. | 12. |

B. Note all community events, receptions, openings, galas, fundraisers, ceremonies, celebrations, etc., you have attended in the past year:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.